

EXPLORE

AROUND THE WORLD

Glass picks the most newsworthy openings and events to attend this summer - By Jane Duru

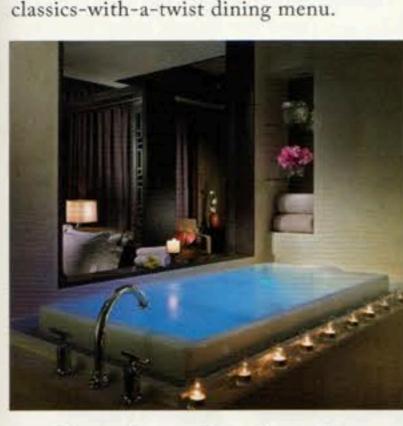
If your idea of a holiday involves a dose of self-improvement and shaping up, then look no further than Forte Village Resort, where personal trainer to the stars Matt Roberts is running a series of fitness retreats over the summer. You'll spend a week being put through your paces - think daily high intensity cardio sessions, deep tissue massages, and the chance to quiz the guru himself for healthy tips. 'Work hard, play hard' just got a whole new meaning.



NO REKUN

Punta Tragara Capri

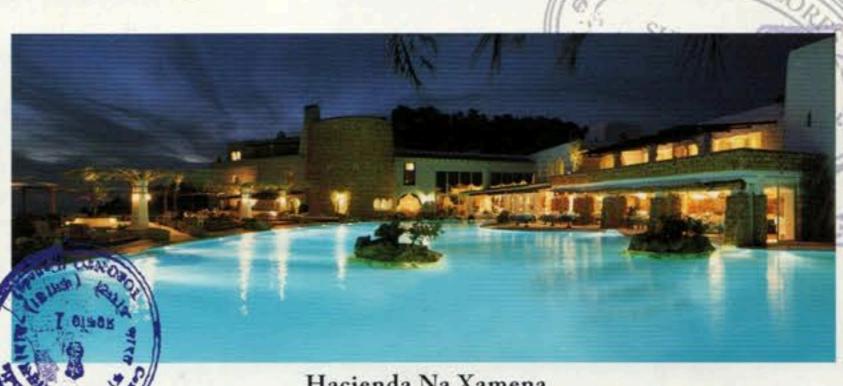
The island of Capri, surely one of Italy's most romantic spots, is set to get even more loved-up with the reopening of Punta Tragara. From April guests can make the most of the Le Corbusierconceived hotel and its wonderful terrace. Sit and sup cocktails at La Pergola bar, or try the new experimental menu at the onsite restaurant, which will launch a new classics-with-a-twist dining menu.



Chuan Spa at Langham Place Hong Kong

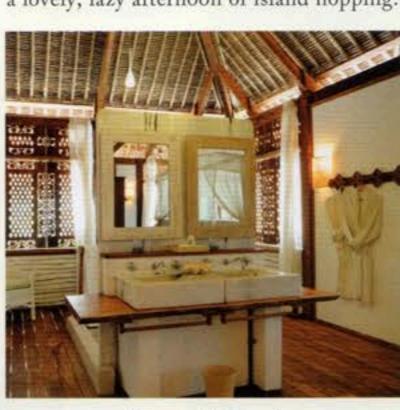
If you thought spa days were just for the girls, think again. One of the leading spas in Hong Kong, the Chuan Spa at Langham Place, has just launched a new treat for the boys- the Metropolitan. Comprising a back scrub, facial, and massage, the 90-minute session is designed to de-stress those muscles, rid you of aches and pains, and restore inner tension. In short, it's a

mini-miracle.



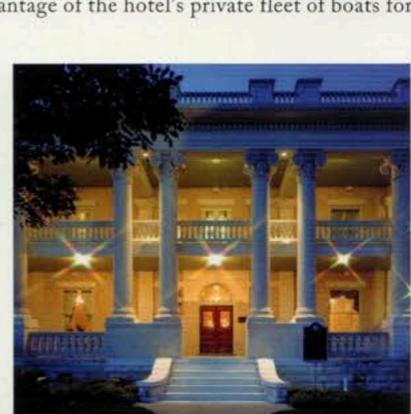
Hacienda Na Xamena Ibiza

Ibiza's transformation from sweaty clubber's paradise into sophisticated Mediterranean hideaway is complete - Hacienda Na Xamena has just reopened. The hotel has been restored to its former glories; all 77 rooms have ocean-front views and the on-site restaurants Eden Garden and Las Cascadas are exclusively for guest use. Sashay down to nearby Cala San Vincente beach, or take advantage of the hotel's private fleet of boats for a lovely, lazy afternoon of island hopping.



Vamizi Island Mozambique

and nothing but you and sanctuary for miles: welcome to Vamizi Island. The private island resort has just launched four new private villas, each sleeping up to 14. Opt for Casa Jarjani, where a treehouse structure doubles as your bedroom and a roof terrace allows for a spot of impromptu stargazing. If finances don't stretch quite that far, then stay at one of the thatched kitalas that are part of the central lodge for a chic castaway experience.



Hotel Ella Austin, Texas

Untouched white sands, turquoise waters, Austin's hotel scene hasn't quite kept pace with its rise to prominence - witness the growth of festivals such as SXSW and City Limits Music Festival - but new boutique property Hotel Ella is set to change all that. It has just joined the discerning Small Luxury Hotels of the World collection, and its combination of restored grandeur (it's set in a 19th century mansion), artsy decor and friendly service make it one of the city's best options.

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